

Lesson 5 旅游

【背诵例句】

1. 描述地点 (Describing Places)

coastal (adj.) 沿海的

The coastal city is famous for its fresh seafood and beautiful beaches. (这座沿海城市以其新鲜的海鲜和美丽的海滩而闻名。)

Many people prefer coastal areas for holidays because they can enjoy water sports. (许多人更喜欢去沿海地区度假，因为他们可以享受水上运动。)

mountainous (adj.) 多山的

The mountainous region offers some of the best hiking trails in the country. (这个多山的地区拥有全国一些最好的徒步路线。)

Due to the mountainous terrain, building infrastructure in this area is very challenging. (由于多山的地形，在该地区建设基础设施非常具有挑战性。)

rural (adj.) 乡村的

Life in rural areas is often quieter and more relaxed than in big cities. (乡村地区的生活通常比大城市更安静、更放松。)

The government is investing in improving internet access in rural communities. (政府正在投资改善农村社区的互联网接入。)

urban (adj.) 城市的

Urban dwellers often face problems such as traffic congestion and air pollution. (城市居民经常面临交通拥堵和空气污染等问题。)

There is a significant contrast between urban development and rural lifestyles. (城市

发展和乡村生活方式之间存在着显著的对比。)

remote (adj.) 偏远的

The village is so remote that it can only be reached by boat or on foot. (这个村庄非常偏远，只能乘船或步行到达。)

Advances in technology have made it easier to work from remote locations. (技术的进步使得在偏远地区工作变得更加容易。)

pristine (adj.) 未受破坏的，纯净的

We were amazed by the pristine beauty of the untouched beach. (我们对那片未受破坏的海滩的纯净之美感到惊讶。)

It is our responsibility to protect these pristine environments for future generations. (为子孙后代保护这些纯净的环境是我们的责任。)

2. 旅行类型与交通 (Types of Tourism & Transport)

adventure tourism (n.) 探险旅游

Adventure tourism, such as rock climbing and white-water rafting, is becoming increasingly popular. (诸如攀岩和白水漂流之类的探险旅游正变得越来越流行。)

The country aims to attract more young travelers by promoting adventure tourism. (该国旨在通过推广探险旅游来吸引更多年轻旅行者。)

ecotourism (n.) 生态旅游

Ecotourism encourages travelers to minimize their environmental impact while exploring nature. (生态旅游鼓励旅行者在探索自然的同时尽量减少对环境的影响。)

Staying in eco-lodges is a common practice for those who are interested in

ecotourism. (对于对生态旅游感兴趣的人来说, 住在生态旅馆是一种常见的做法。)

package tour (n.) 跟团游

A package tour can be a convenient option for first-time visitors who don't want to plan the details. (对于不想自己规划细节的初次访问者来说, 跟团游可能是一个方便的选择。)

Although package tours are less flexible, they often work out cheaper. (尽管跟团游灵活性较差, 但它们通常更便宜。)

off the beaten track (idiom) 另辟蹊径, 去冷门地方

We decided to go off the beaten track and explore some small villages instead of the capital city. (我们决定另辟蹊径, 探索一些小村庄而不是首都。)

Traveling off the beaten track often leads to more authentic and memorable experiences. (去冷门地方旅行通常会带来更真实、更难忘的体验。)

accessible by (phrase) 可通过...方式到达

The island is accessible by ferry, which departs every two hours. (该岛可乘渡轮到达, 渡轮每两小时一班。)

Nowadays, most tourist destinations are easily accessible by public transport. (如今, 大多数旅游目的地都可以通过公共交通轻松到达。)

peak season (n.) 旺季

It is advisable to avoid traveling during the peak season if you dislike crowds. (如果你不喜欢拥挤, 建议避开旺季旅行。)

Prices for flights and accommodation are significantly higher in the peak season. (旺季的机票和住宿价格明显更高。)

book in advance (phrase) 提前预订

For popular attractions, it is essential to book tickets in advance to secure your spot. (对于热门景点，必须提前预订门票以确保你的位置。)

I would strongly recommend booking your accommodation well in advance, especially for the summer holidays. (我强烈建议你提前很久预订住宿，特别是暑假期间。)

3. 旅行准备与过程 (Travel Preparation & Experience)

itinerary (n.) 行程安排

Our travel agent has prepared a detailed itinerary for our two-week trip to Europe. (我们的旅行代理为我们为期两周的欧洲之旅准备了详细的行程安排。)

While having an itinerary is helpful, it's also good to leave some room for spontaneous activities. (虽然有行程安排很有帮助，但留出一些空间进行自发活动也很好。)

identification (ID) (n.) 身份证明

You must carry a valid form of identification, such as a passport or driver's license, at all times during your flight. (在飞行期间，您必须始终携带有效的身份证明，例如护照或驾驶执照。)

The hotel receptionist asked for my ID when I checked in. (酒店接待员在我办理入住时要求我出示身份证明。)

essential items (n.) 必需品

Packing essential items like a first-aid kit and any necessary medication is

crucial for a safe trip. (为了一次安全的旅行，打包像急救箱和任何必需药物这样的必需品是至关重要的。)

Forgetting essential items can cause a lot of inconvenience while traveling. (忘记带必需品会在旅行中造成很多不便。)

hand luggage (n.) 手提行李

Make sure your hand luggage does not exceed the weight and size limits set by the airline. (请确保您的手提行李不超过航空公司规定的重量和尺寸限制。)

I always pack a change of clothes and my laptop in my hand luggage in case my checked bag gets lost. (我总是把换洗衣服和笔记本电脑装在手提行李里，以防托运行李丢失。)

long queues (n.) 长队

We encountered long queues at the security check, which caused us to nearly miss our flight. (我们在安检处排了长队，这导致我们差点错过航班。)

Popular tourist attractions often have long queues, so it's best to arrive early. (热门旅游景点经常排长队，所以最好早点到达。)

conveyor belt (n.) 传送带

We waited nervously at the conveyor belt for our luggage to appear. (我们在传送带旁紧张地等待我们的行李出现。)

Please place your bags on the conveyor belt to go through the X-ray machine. (请将您的包放在传送带上通过 X 光机检查。)

reach a peak (phrase) 达到高峰

Tourist numbers in the city usually reach a peak in July and August. (该市的游客

人数通常在七八月达到高峰。)

The demand for flights to holiday destinations reaches its peak around Christmas. (前往度假目的地的航班需求在圣诞节前后达到高峰。)

4. 旅游影响 (The Impact of Tourism)

boost the local economy (phrase) 提振当地经济

Tourism can significantly boost the local economy by bringing in foreign currency and creating jobs. (旅游业可以通过带来外汇和创造就业来显著提振当地经济。)

Small businesses, such as cafes and souvenir shops, benefit greatly when tourism boosts the local economy. (当旅游业提振当地经济时，小企业，如咖啡馆和纪念品商店，会受益匪浅。)

provide employment opportunities (phrase) 提供就业机会

The hospitality industry provides employment opportunities for a large number of local residents. (酒店业为大量当地居民提供了就业机会。)

A thriving tourism sector can provide stable employment opportunities for people with various skills. (一个蓬勃发展的旅游业可以为拥有各种技能的人提供稳定的就业机会。)

cultural exchange (n.) 文化交流

Traveling facilitates cultural exchange and promotes mutual understanding between different countries. (旅行促进了文化交流，增进了不同国家之间的相互理解。)

I believe that the cultural exchange between tourists and locals is one of the most valuable aspects of travel. (我认为游客和当地人之间的文化交流是旅行中最有价值的方面之一。)

overcrowding (n.) 过度拥挤

Overcrowding in famous cities like Venice has become a serious issue for both residents and the authorities. (在像威尼斯这样的著名城市，过度拥挤已成为居民和当局的一个严重问题。)

To tackle overcrowding, some destinations are considering limiting the number of daily visitors. (为了解决过度拥挤问题，一些目的地正在考虑限制每日游客数量。)

environmental impact (n.) 环境影响

The environmental impact of mass tourism, including pollution and waste, cannot be ignored. (大众旅游对环境的影响，包括污染和废物，不容忽视。)

We should all try to minimize our environmental impact when we travel by choosing eco-friendly options. (我们都应该通过选择环保选项来尽量减少我们旅行时对环境的影响。)

sustainable tourism (n.) 可持续旅游

Sustainable tourism aims to protect the environment and support local communities for the long term. (可持续旅游旨在长期保护环境和支持当地社区。)

Governments and tourists alike have a role to play in promoting sustainable tourism practices. (政府游客都有责任推广可持续旅游实践。)

struggling communities (n.) 挣扎中的社区

Well-managed tourism can be a lifeline for struggling communities by creating

new sources of income. (管理良好的旅游业可以通过创造新的收入来源，成为挣扎中社区的命脉。)

It is important to ensure that the benefits of tourism reach struggling communities rather than just large corporations. (确保旅游业的好处能惠及挣扎中的社区，而不仅仅是大公司，这一点很重要。)

Bonus Vocabulary (高分扩展词汇)

brehtaking scenery (n.) 令人惊叹的风景

We hiked to the top of the hill and were rewarded with breathtaking scenery. (我们徒步到山顶，看到了令人惊叹的风景作为回报。)

The country is known for its breathtaking scenery, from its dramatic coastlines to its serene lakes. (这个国家以其令人惊叹的风景而闻名，从壮观的海岸线到宁静的湖泊。)

a tourist trap (n.) 专宰游客的地方 (贬义)

Avoid the restaurants around the main square—they're real tourist traps with high prices and low-quality food. (避开主广场周围的餐馆——它们是真正的旅游陷阱，价格高，食物质量差。)

Many souvenir shops in the city center are considered tourist traps, so it's better to shop where the locals go. (市中心的许多纪念品商店被认为是旅游陷阱，所以最好去当地人购物的地方买东西。)

picturesque (adj.) 风景如画的

We stayed in a picturesque little village in the mountains, surrounded by green

fields. (我们住在一个山区风景如画的小村庄里，周围是绿色的田野。)

The harbor, with its colorful fishing boats, was a truly picturesque sight. (那个停满彩色渔船的海港真是一道风景如画的景色。)

to get away from it all (idiom) 远离尘嚣

I need a holiday to get away from it all and relax on a quiet beach. (我需要一个假期来远离尘嚣，在宁静的海滩上放松一下。)

Camping in the national park is a perfect way to get away from it all and reconnect with nature. (在国家公园里露营是远离尘嚣、重新与自然联系的好方法。)

immerse oneself in the local culture (phrase) 沉浸于当地文化中

I prefer to immerse myself in the local culture by trying local food and attending festivals rather than just visiting museums. (我更喜欢通过品尝当地美食和参加节日来沉浸于当地文化中，而不仅仅是参观博物馆。)

Living with a host family is an excellent way to immerse yourself in the local culture and improve your language skills. (寄宿在家庭中是让你沉浸于当地文化并提高语言技能的绝佳方式。)

a must-see attraction (n.) 必看景点

The ancient temple is a must-see attraction for any visitor to the country. (这座古老的寺庙是任何到该国游客的必看景点。)

While guidebooks are helpful, sometimes the best experiences are found away from the must-see attractions. (虽然旅游指南很有用，但有时最好的体验是在必看景点之外找到的。)

rich in history (phrase) 历史底蕴深厚

The city is rich in history and architecture, with buildings dating back several centuries. (这座城市历史底蕴深厚, 建筑风格多样, 有些建筑可以追溯到几个世纪前。)

Countries that are rich in history often attract tourists who are interested in learning about the past. (历史底蕴深厚的国家通常会吸引那些对了解过去感兴趣的游客。)

carbon footprint (n.) 碳足迹

Air travel significantly increases a tourist's carbon footprint compared to other modes of transport. (与其他交通方式相比, 航空旅行显著增加了游客的碳足迹。)

To reduce your carbon footprint while traveling, you could consider taking trains instead of short-haul flights. (为了在旅行中减少你的碳足迹, 你可以考虑乘坐火车而不是短途航班。)

to be put on the map (idiom) 让某地出名

The famous film put the small, previously unknown town on the map, attracting thousands of visitors. (那部著名的电影让那个以前不为人知的小镇出了名, 吸引了成千上万的游客。)

A unique local festival can sometimes be enough to put a destination on the map for international tourists. (一个独特的地方节日有时足以让一个旅游目的地在国际游客中出名。)